

**Meat Free Monday**



(v) Cheese and Tomato Pizza Wedge (D.G.)

or



(vg) Breadcrumbs Vegetable Fingers (G.)

Every day choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (E.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)

**Tuesday**



Organic Beef Grill (G.) in a Bun (G.)

or



(v) Cheesy Pasta Bake (G.D.)

**Wednesday**



Roast Chicken Joint or Fillet

or



(v) Vegetable Korma (M.D.E.)

**Thursday**



Organic Beef Lasagne (G.D.)

or



(vg) Veggie Hot Dog (G.)

**Friday**



Gluten Free Fish Fingers (F.)

or



Tomato Fusilli  
(v) Pasta in a Rich Tomato Sauce (D.G.)



**Week 3 Dessert Menu**

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Chocolate Cracknel (G.)

Tuesday

Jelly with Fruit

(v) Ice Cream Tub (D.)

Wednesday

(v,h) Homemade Up Beet Chocolate Cake (G.E.) with Hot Chocolate Sauce (D.)

Thursday

(vg) Homemade Zesty Orange Cookie (G.)

Friday

(v,h) Homemade Favourite Fruit Muffin (G.E.D.)

(v) Ice Cream Tub (D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad.

Unlimited water flavoured with fresh fruit, from our Hydration Station, is available throughout lunch for pupils to drink with their meal.

**Accompaniments may vary to those shown.**

**Key**

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/Wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites



**Allergies**

Please contact your school cook for information regarding the content of dishes and products on our menu.