

# Meadowdale Anti-Bullying Policy

## We want to make sure there is NO bullying at Meadowdale!

Everyone at Meadowdale always strives to do the right thing with kindness.

We want you to feel valued and to be able to do your best at school.

We want everyone to treat each other with respect and to say 'NO!' to unwanted behaviour.

## What is bullying?

**It is when a child or group hurts or upsets another child or group on purpose, more than once and is more powerful.**

**S: Several**

**T: Times**

**O: On**

**P: Purpose**

## What types of bullying are there?

- Hurting: by pushing, kicking, hitting, pinching
- Saying mean things including spreading rumours
- Leaving children out
- Telling children to do things that are wrong
- Using devices to say mean things or sharing photos
- Saying or doing something about private parts of the body
- Being mean about who people like, what they wear, believe or anything they see as different.

## What will we do about bullying?

- Let your parents know
- Talk to everyone involved to find out exactly what is happening
- Work with all the children involved to find a way to get everyone to treat each other with respect and to be happy
- Give consequences to children who are bullying, if necessary
- If it happens outside school or on a device, we will do the same things to help to stop it.

**If you feel left out – join in with a Play Leader or adult-lead game at lunchtime!**

**To Stop Bullying, We Will:**

LISTEN to you

TEACH everyone good behaviour

HELP you to have fun at playtimes

Use the SCHOOL COUNCIL to ask you what we can do to help

Give every class a WORRY MONSTER to share their worries.

**If you are being bullied or see bullying:**

- Be assertive and tell the bully to stop
- Tell an adult you trust – **every time** it happens
- Remember it's NOT your fault and you are NOT alone
- Be a DEFENDER – speak up and tell an adult if you see bullying happen.

**What will we do about bullying?**

- Talk to everyone involved to find out exactly what is happening
- Give consequences to children who are being aggressors
- Work with all the children involved to find a way to get everyone to treat each other with respect and be happy
- If the bullying happens outside school or on a device we will do the same things to help stop it.